

Family Dining

Cycle 1 Menu – Week A



Day	Halal	Vegetarian	Garnish	Dessert	Afternoon Snack
Monday	Chilli Con Carne	Vegetable Chilli	Mexican Rice, Sour Cream ,Tortilla Chips	Lemon Drizzle Cake	Gingernut Biscuit
Tuesday	Roast chicken Dinner	Spinach and Falafel Burger	Roast Potatoes, Vegetables,Gravy	Chocolate Cookie	Bourbon Biscuit
Wednesday	Penne Bolognese	Penne Napolitana	Garlic Bread, Salad, Cheese	Treacle Sponge and Custard	Ritz Biscuit
Thursday	Chicken Balti	Vegetable Balti	Pilau Rice, mini Naan, Mint Yoghurt	Flapjack	Custard Cream
Friday	Margarita Pizza	Margarita Pizza	Chips, Salad, Ketchup, Cheese Slice	White Chocolate Cookie	Digestive
Week Commencing:					all meat Halal
03 September 2018	24 September 2018	15 October 2018	19 November 2018	10 December 2018	

Family Dining

Cycle 1 Menu – Week B



Day	Halal	Vegetarian	Garnish	Dessert	Afternoon Snack
Monday	Jerk Chicken Wrap	Onion Bhaji and Vegetable Samosa combo	Spicy Rice, Salad, Chapatti Wrap Curry Sauce, Mint Yoghurt	Chocolate Brownie	Gingernut Biscuit
Tuesday	Chicken Sausages and Mashed Potatoes	Quorn Sausages and Mashed Potatoes	Vegetables, Gravy, Onion Rings	Blueberry Muffin	Bourbon Biscuit
Wednesday	Chicken Tikka Masala	Vegetable Tikka Masala	Pilau Rice, Mini Naan, Mint Yoghurt	Caramel Shortcake	Ritz Biscuit
Thursday	Minced Beef casserole	Minced Quorn Casserole	Roast Potatoes, Vegetables and Yorkshire Pudding	Sticky Toffee Pudding and Custard	Custard Cream
Friday	Southern Fried Chicken	Veggie Burger	Chips, Coleslaw and Ketchup	Ice Cream	Digestive
Week Commencing:					all meat Halal
10 September 2018	01 October 2018	05 November 2018	26 November 2018	17 December 2018	

Family Dining

Cycle 1 Menu – Week C



Day	Halal	Vegetarian	Garnish	Dessert	Afternoon Snack
Monday	Chicken Tikka Wrap	Vegetable Tikka Wrap	Pilau Rice, Salad, Mint Yoghurt, Chapatti Tortilla	Chocolate Muffin	Gingernut Biscuit
Tuesday	Cheeseburger	Spicy Bean Burger	Potato Wedges, Ketchup, Cheese Slice, Salad	Victoria Sponge	Bourbon Biscuit
Wednesday	Chicken Arabiata Pasta Bake	Mediterranean Vegetable Pasta Bake	Garlic Bread, Cheese	Apple Crumble Custard	Ritz Biscuit
Thursday	Traditional roast Beef Dinner	Roast Quorn Dinner	Roast Potatoes, Vegetables Gravy, Yorkshire Pudding	Lemon Drizzle Cake	Custard Cream
Friday	Fish and Chips	Margherita Pizza	Salad, Chips, peas, ketchup	Flapjack	Digestive
Week Commencing: 17 September 2018	08 October 2018	12 November 2018	03 December 2018	All Meat Halal	