

Dixons Academy Trust RSHE Long-Term Plan DAT Year 7-10

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 1	1. INDUCTION		2. Healthy Eating and Physical Health and Fitness		3. Respectful Relationships: Anti Racism		4. Respectful Relationships: Protected Characteristics		5. Online Safety: Personal Information DATA DAY		6. Families		
Cycle 2	7. Mental Wellbeing		8. Being Safe: Consent		9. Developing bodies and Intimate and sexual relationships, including sexual health		10. Online Safety: Media Literacy		11. Respectful Relationships: Friendship and Conflict DATA DAY		12. Drugs, Alcohol, Tobacco and Vaping		
Cycle 3	13. Being Safe: Harmful Sexual Behaviour		14. Wellbeing Online		15. Health Protection and Prevention, and Understanding the Healthcare System		16. Financial Literacy <i>(My Money Week is in June, however, Financial Literacy Month is April, Talk Money Week is in November)</i>		17. Personal Safety and First Aid		Assessment / Data Day / Catch up		

Academic Input / GCSE EXAMS